

STAFF RESILIENCY

is your number one priority for
improving

Vashti's House
MAKES IT SIMPLE

by INCORPORATING the
TOP DOWN/BOTTOM UP
approach

TOP DOWN

We Will: Educate and train organizational leaders and stakeholders on the *value of* employee advocacy and resiliency.

We Will: Educate and train organizational leaders and stakeholders in regards to *best practices* for maintaining workforce resiliency and wellbeing.

We Will: Facilitate the creation of *organizational policies and procedures* that are realistic and sustainable.

CONTACT US TODAY
FOR A FREE CONSULTATION
971-428-7538



EMPLOYEE RETENTION



WORKPLACE SAFETY



ORGANIZATIONAL OUTCOMES

BOTTOM UP

We Will: Give your valued staff and volunteers the tools they need to strategically incorporate self-care, and the care of others, in the workplace and all areas of life.

We Use the interactive workshop style approach for all professional development training options.



PRIMAL HUMAN NEEDS
and how to **appropriately** meet them while on the job

Just because your employees are at work, they aren't leaving their humanity at the door.

EMOTIONAL ENERGY AS CURRENCY

You only have so much emotional energy. How will you spend it?



Secondary trauma, compassion fatigue, and emotional overload doesn't have to be the norm. We'll provide the skills for maintaining long lasting emotional health.

STRESS FIRST AID

Minimize the affects of on-the-job stress in real time



Nationally recognized standard for managing stress reactions created primarily for first responders. Learn on-the-job skills for minimizing the affects of long term stress.

CONTACT US TODAY TO LEARN MORE



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www.vashtishouse.com

make yourself at home